



Sacred Awareness Workshops



With **NatureSecrets Products**

Presented by the founder

Joanne Ramnac

Holistic Image & Wellbeing Transformation Coach



Mineral Makeup Workshop!

*** RECEIVE a Goody Bag.....with applicators, Toxic chemical guide, Mineral Makeup Application Guide**

Benefits of NatureSecrets Mineral Makeup Range

- Hypoallergenic
- No Preservatives, No Fragrances
- 20+SPF on our Mineral Foundations
- Purest most Natural form of Makeup
- Minerals are crushed into fine powders
- Easy to apply and blend for superior coverage
- Excellent sports makeup as it absorbs moisture
- Non drying, remains flawless throughout the day
- Can be applied directly on freshly dermabraded skin
- Skin glows from the minerals, taking years off appearance



You will **Learn**

Hints , Tips, Advice & Application Techniques

Learn how to apply assorted pieces of mineral makeup

Learn how to choose the right colours for you

Learn alternative ways to wear your mineral makeup

Learn what brushes to use and how

Learn the professional way and techniques to apply your Mineral Makeup

Learn about ingredients



Face and Body Ritual Workshop!

*** RECEIVE a Goody Bag.....With product, Toxic chemical guide and a face and body daily and weekly Ritual Guide.**

Benefits of NatureSecrets Natural & Organic Facial & Body Products

- Non Toxic
- They smell and feel divine
- Organic and natural ingredients
- They Prolong your skin from ageing quickly
- Safe with 95% organic ingredients the rest are natural
- Products & ingredient is to suit your skin type and condition



Gain.....Hints , Tips, Advice & Application Techniques, Chemical awareness

You will **learn**

Learn to Cleanse, Scrub, Mask, Tone and Moisturise on the day

Learn a daily and weekly routine to suit your skin type and condition

Learn home body treatments and their benefits

Learn how to stay away from toxic chemicals in your products

Learn about Chemical Awareness

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❖ Mind, Body, Spirit Boot Camp!

Take a CRASH COURSE in RENOVATING your MIND, BODY AND SOUL.



- Hear the founders story
 - Get tips on how to avoid introducing toxins into your body.
 - Learn how to soothe and nurture your mind by CREATING AND USING MANY DIFFERENT TECHNIQUES.
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- Talk about LOOKING AND FEELING GREAT, this includes
 - NUTRITION
 - FITNESS and HEALTH
 - COLOUR THERAPY
 - SETTING GOALS and how to achieve them!
 - LEARN TO MEDITATE the day INCLUDES A MEDITATION SESSION!
 - YOU WILL Receive the tools and techniques to create Calm, Direction and Fulfilment and this will leave you feeling
CLEAR, EMPOWERED, STRONG AND VALUED!!!

❖ DIY Makeover Day Package!



Learn, Discuss and Gain Professional Advice on...

- Product choice
- Hair styling tips
- Skin types & Problems
- Makeup tips
- DIY Facial Ritual
- DIY Mineral makeup Ritual
- Nutrition
- Exercise
- Fashion/Jewellery tips
- Includes a Photo shoot

Enquiries - renew@sacredawareness.com